

ALLERGIC MEDICAL SERVICES

Mittagong Medical Centre 17 Regent Street Mittagong NSW 2575 (02) 4871 1500

Thank you for inquiring about the medical services available for patients with allergic problems.

Dr Jeffery Cohen M.B.B.S. (Monash 1972) provides complete medical testing and treatment for adults and children with hay fever, asthma, eczema, urticaria and other allergic skin conditions, acute allergic reactions to insect stings and medications, chemical sensitivities and food allergies.

Dr Cohen has a special interest in medical allergy tests, and has more than forty five years of experience in the treatment method known as desensitisation.

Although every allergy case is unique, a thorough and systematic way of approaching each different type of allergic problem is employed. Originally designed for the detailed investigation of patients with the more unusual or severe forms of allergy, this systematic approach is ideal also for those with milder forms of allergic conditions.

Complete Allergy Assessment Each patient is assessed individually. A consultation of about 30 minutes is required for this initial assessment procedure, which involves a complete review of your allergy problems from their beginnings, the gathering of any past test results and medical reports, and the outcome of any previous treatment methods you may have undergone.

A physical examination is performed with special attention directed to areas affected by allergic conditions, and measurements of lung function and breathing performance may be made. Modern medical investigations, including skin testing with a most comprehensive range of allergy extracts, are also performed. (Unscientific remedies and unproven tests such as Vega are NOT used)

The aim of this assessment is to determine the cause of allergic problems in each individual patient.

Treatment In most cases a second consultation is arranged so that the most appropriate form of treatment for your particular problem can be planned and discussed in detail. Treatment is usually commenced at this second consultation, however some cases may need further investigations before treatment can begin.

Fees Initial assessment up to \$ 300.00 (Medicare rebate \$ 110.65)

Payment is to be made at the time of consultation.

Other costs Patients who are advised to have desensitisation treatment have to pay for the extracts and the cost of a course of extract injections depends on the type/s and strength you require. For example a course of house dust mite extract is \$280. If two types of extracts are required it will be \$560. Up to three types can be given in a course. Exact details of the cost is given to patients before the treatment commences.

Please note It is **most important** to avoid taking any antihistamine medications for at least 36 hours before your initial appointment, and if possible, asthma medications should not be taken within 6 hours of the appointment.

Further information is available online www.tinyurl.com/AllergyDoctor

If you wish to make an appointment please read the other information enclosed before you complete and sign the questionnaire. The receptionist will then arrange a time for your appointment. Appointments are not made until the questionnaire is signed and returned to the Clinic.

Please note - A cancellation fee of \$100 will be charged for patients who do not attend their initial appointment without giving at least 24 hours notice. This fee is not claimable with Medicare.